



# YOUTH & FAMILY SERVICES

## SGA Youth and Family Services – Partner Agency

**Program Name:** SGA Youth and Family Services

**Agency Address:** 11 E. Adams, Suite 1500 Chicago, IL 60603

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**Head Start Director Name:** Betty Diaz

**Head Start Director Email:** [bdiaz@sga-youth.org](mailto:bdiaz@sga-youth.org)

**Agency Web Site Address:** [www.sga-youth.org](http://www.sga-youth.org)

**Agency Type:** Private/Public Not-for-Profit

**Agency Description:** SGA Youth & Family Services supports the emotional and social development of Chicago area children, adolescents, and young adults by providing fee-free therapy, case management, and other supportive services for individuals and their families. SGA's mission: SGA helps children, families, and communities facing great challenges to realize their potential. SGA's vision is to lead the evolution of services to transform challenged neighborhoods in the greater Chicago area into healthy communities. SGA Youth & Family Services partners with the Ounce of Prevention Fund to provide comprehensive Early Head Start home based services to families. The agency services 120 Early Head Start and Head Start eligible children.

### Site Location:

*SGA Home Visiting Office*  
3152 W. 47th Street  
Chicago, IL 60632

### Community Areas Served:

- Brighton Park
- McKinley Park
- New City

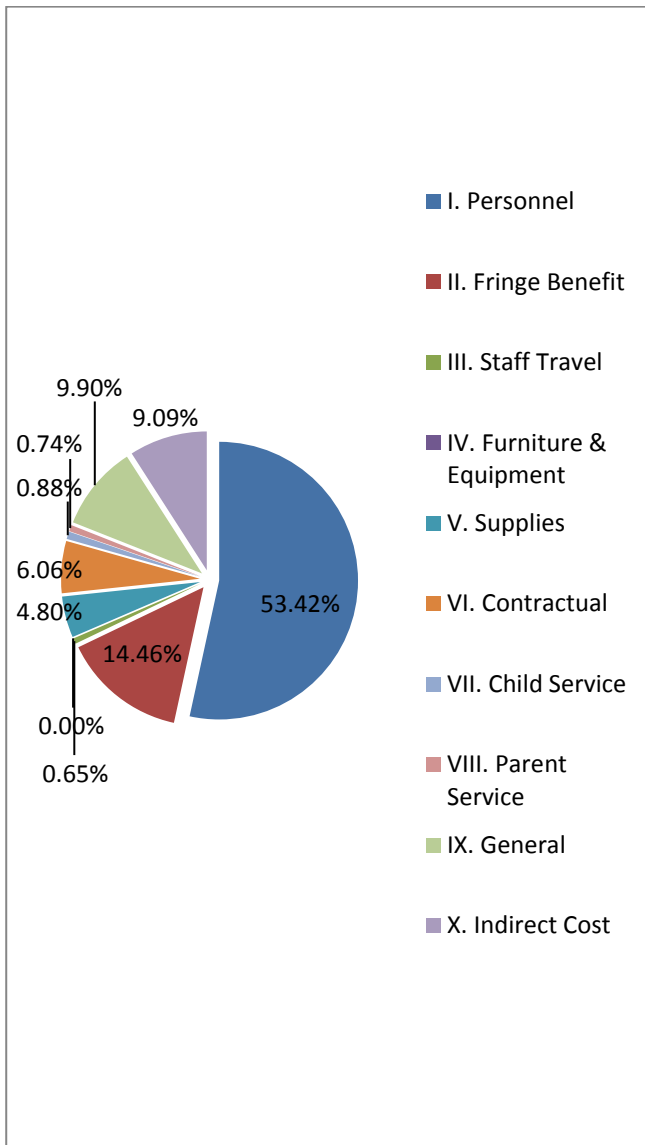
# Overall Grantee Budget 2019

Total Public and Private Funds Received: \$1,413,376

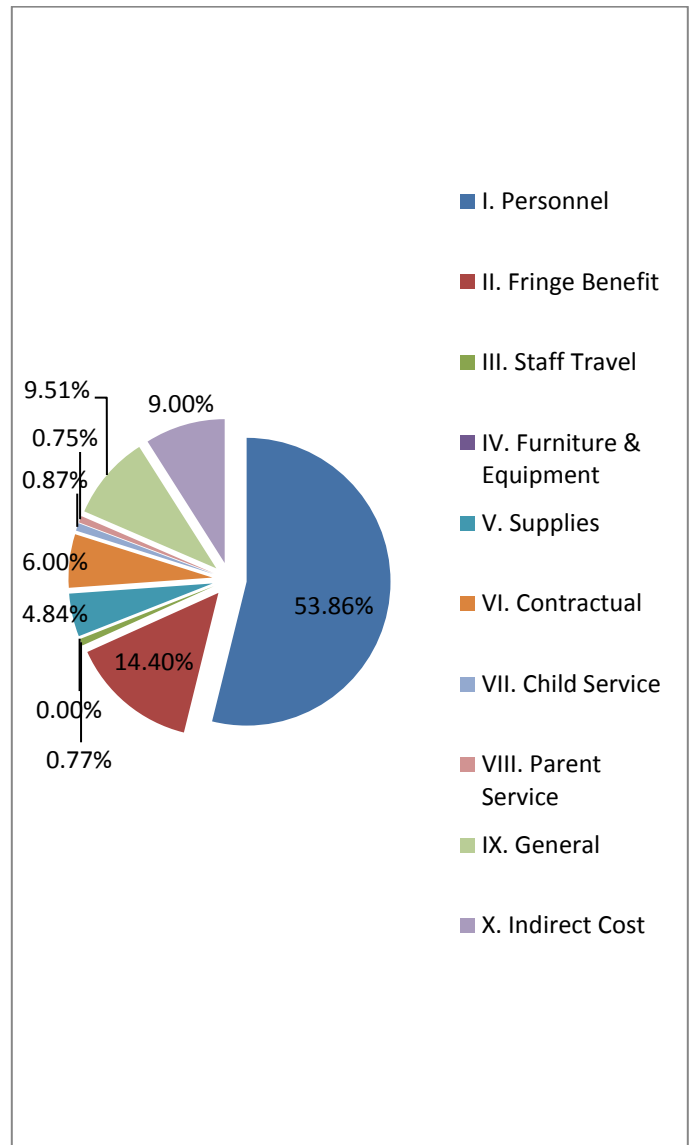
Public Fund		Private Funds	
Source	Amount	Source	Amount
Federal	\$ 1,084,213	Individuals, Corporations, Foundations, etc.	\$ 140,248
State		In-Kind	\$ 188,914
Local School District			
<b>Total</b>	<b>\$ 1,084,213</b>	<b>Total</b>	<b>\$ 329,163</b>

## 2019 Budget and Actual Expenditures

Budget



Actual



## Children and Families Served

**Funded Enrollment: SGA-120**

Total Children Served: 174

Total Families Served: 164

Average monthly enrollment (as percentage of funded enrollment): **99.05%**

Number of Eligible Children in Community, ages 0-5	5,843
Percentage of Eligible Children Served in Agency	2.9%

## Health

**Percentage of enrolled children who received medical and dental exams**

Percentage of enrolled children who received medical and dental exams	Received Medical Exams	Received Dental Exams/ Oral Care
SGA	76%	83%

## Parental involvement in Directly Operated, Delegate and Partner Agencies

**Parent Education Activities**

**Health:** SGA has a nurse consultant who assists the family support team in obtaining well child exams. Family Support Specialists track and monitor well child exams and dentals and make continuous efforts to contact parents to inform them of submission of well-child exams documentations or of upcoming exam that will be needed. The nurse consultant is also registered in I-Care to get immunization information for the children in the early and head start programs. The nurse also facilitates parent workshops around immunization and health. SGA's nutrition consultant monitors children's nutritional assessments. One-on-one sessions take place for children identified as under or over-weight. A nutritional plan is completed for all children over or under-

weight. Meal Plans, information and resources are provided to parents. Nutrition consultant also facilitates parent workshops. This year, one of the parent workshops was healthy eating. Parents were able to partake in learning how to cook a healthy meal for their families and how to shop on a budget. Parents really enjoyed learning how to make vegetables tasty and exciting for their children and learned how to have a balanced meal on a budget. SGA so partners with certified Hearing and Vision Technicians to complete hearing and vision assessments for children ages 3-5. Technicians are on site once a month to complete assessments for children 3-5. SGA staff were trained on how to complete OAE screenings on site. Staff can complete the OAE screening for children ages 0-3.

***Mental Health: Mental Health:*** This year SGA Early and Head Start programs are working with an Early Childhood Mental Health Consultant that is available to meet with parents and provide workshops. The Early Childhood Mental Consultant is fully bilingual. Our Mental Health Consultant conducts socialization observations and provides feedback to staff on how they can continue to support families and children. Our Mental Health Consultant is available to meet with families for 3 sessions to provide mental health services. Our partnership with St. Anthony's Hospital is helpful in providing any additional mental health services needed. Early Childhood Mental Health Consultant provided parent workshops around early childhood mental health. Some parent workshops were, Early Intervention and Brain Development, Understanding Loss & Grief and Behavioral Problems in Adolescents.

For example, Early Intervention, was something we felt was very needed for parents because we know most parents have heard about this program; however, some may not have knowledge on the other services they offer aside from developmental, speech, physical or occupational therapies. We discussed and informed parents that Early Intervention also offers mental health support for children 0-3. Additionally, we discussed the importance of healthy brain development and how as parents they can support their children's brain development. Loss and Grief was one of the topics parents were interested in learning about during Mental Health Orientation. Therefore, a training took place to learn about what a loss can be and the effects it may have on someone's mental health and how to seek out for support if needed.

***Education and Literacy:*** This past year SGA hosted a book fair for parents. Parents were able to receive various books in their home language to encourage language and literacy development in their home. SGA also hosted our annual Story Book Event, where a literacy bus was brought on site to bring to life classic childhood stories. For the "Dia del Nino/Day of the Child", program hosted a literacy event with the theme of the story, "The Very Hungry Caterpillar". Children learned about growth and transitions and enjoyed the art and literacy activities of that day. Program also assures that at each home visit and socialization a book is read to the child. Parent educators continue to incorporate literacy activities during their individual home visits. These literacy activities continue to emphasize the importance of reading to children to foster literacy and word development. Program also utilizes the Teaching Strategies Gold Assessment tool to track child's progress towards school readiness goals. This assessment is completed three times a year. Child and program outcomes are shared with parents after each checkpoint period. Parent Educator works with the parent and child's outcomes to modify lesson planning to focus on areas where the child may need more focus on. The goal is to assure the child is developing at a school-ready level by the age of 5, when they are ready to transition. This year, 72% of children were meeting or exceeding in the area of literacy during the spring 2018-2019 period.

***Community and Social Services:***

Below is a list of partnerships:

Dr. Linares- Medical Services

Smile Lee Faces (Dentist Andrea Lacayo) - Dental Services

Instituto del Progreso Latino- Adult Education Programs

DCFS Recruitment Resource Department- Crisis Training/Resources

Telpolchalli School- Education Services

Children Home + Aid- Education Programs

Healthy Parents and Babies- Doula Services

Latino Resource Institute of IL- Counseling Services/Latino Services  
Fussy Baby Network-  
Logan Square Neighborhood Association- Resources for families  
Brighton Park Community Council  
Universidad Popular- Counseling/ Education Services  
Chicago Lawn Public Library- Literacy Workshops  
Community Wellness Program of St. Anthony Hospital- Behavioral Referrals/Wellness Promotion  
Sinai Outreach Coalition Connectivity Network- Behavior and Wellness Promotion  
Ideas Magicas, LLS- Mental Health Services  
CFC Agencies/CPS/LEA- Early Intervention Services  
Heartland Human Care Services- Domestic Violence Services  
Davis Health & Wellness Clinic with UIC- Medical Services

***Other Community-related Education:*** Internally SGA has a program called WIOA that provides youth opportunities to find employment as well as obtain a credential or GED. We have referred families to this program from our early and head start programs.

**Parent Committee Meetings:** SGA has an active Parent Advisory Committee that meets monthly to provide oversight and guidance on SGA's E & HS programs. The Parent Advisory Committee has elected officials including President, Vice President and Secretary. Additionally, two representatives were nominated as Policy Council representatives for the Grantee. This year, they have participated in training on their roles in the policy council meetings at the Ounce. The president has supported the program in interviewing and hiring staff, program approvals of content area service plans, results of the self- assessment. The president of the parent advisory meeting also conducts the parent meetings. New members are elected every school year.

**Other special gatherings or activities:** SGA now has a vehicle to transport families to group socializations, parent trainings, and appointments with doctors or evaluations in CPS. SGA also hosted the end of the year celebration for both early and head start programs. The children that were graduating participated in the end of the year celebration. SGA also hosted their winter celebration. All children enrolled in the early and head start programs were given a toy during the winter celebration. SGA also hosted a back to school event to provide back packs and school supplies to participants of SGA's programming.

## **Kindergarten Readiness**

### **Special Efforts to Prepare Children for Kindergarten:**

SGA's Early Head Start & Head Start programs utilized the research-based Parents As Teachers curriculum in its work with infants, toddlers and their families. This model emphasizes the importance of the parent as the child's first teacher and the home environment as a nurturing space for infants and toddlers to learn and grow through nurturing play and self-care routines. The E & HS programs screen all children for developmental delays and provide appropriate referrals and interventions to help children "get on track" once they enter pre-school and kindergarten. Early detection of developmental delays is one of the best ways to help prepare children for school. Finally, the E & HS programs help support the social-emotional development of infants and toddlers by working with parents to set appropriate boundaries and positive discipline techniques to teach children self- regulation and control. This past school year the mental health consultant provided training on the development of social emotional skills in children. An additional curriculum program uses is Learning Games. The Learning Games curriculum entails developmental activities and milestones for children ages birth to five that foster growth and development of the child and are based on specific goals developed by the parent and parent educator.

### **Transition Activities to Promote Kindergarten Readiness:**

SGA provides group socialization activities to help children integrate and interact with other infants and toddlers and teach them to work in a shared environment. Children utilize the skills they are learning in their home visits and incorporate them in a group setting. Parents are provided an opportunity to network, gain additional resources, and observe their children in a social setting. SGA provides an Options to Knowledge workshop to support and guide families through the transition process from Head Start to Kindergarten. Topics include, talking to children about what to expect, helping children to make friends at their new school before classes begin, continuing helping children get ready to learn, follow routines, communication with classroom teacher, advocating for children, understanding educational programs, elementary school procedures related to discipline and making the most out of involvement.

A transition celebration was conducted this past year for Head Start children who are moving forward to their next educational experience.

## **Summary of Triennial Review**

### **Summary of Triennial Review Findings**

#### **Summary of Audit Findings**

No area of noncompliance was found during this year. Accordingly, no corrective action is required at this time.

#### **Summary of Annual Review Findings**

There was no Annual Federal Review for the Ounce of Prevention Fund's Early/Head Start program during 2018-2019.

#### **Summary of Information Required by the Secretary**

The Ounce Board of Directors and Policy Council were given brief summaries and links to all Program Instructions and Information Memorandums.