

#### **Our Mission:**

SGA Youth & Family Services helps children, families and communities facing great challenges to realize their potential.

#### **Our Vision:**

SGA works to transform challenged neighborhoods in the greater Chicago area into healthy communities.

#### **About Us:**

SGA leads positive change for children and families in Chicagoland's most challenged neighborhoods. Since its founding in 1911, SGA has provided free and comprehensive services to children and families in need within Chicago and has extended services to underserved communities within the region. SGA believes that sustainable community change results from a focus on early childhood, education support services, parenting, and workforce development. Collaborative partnerships, innovative programs, and measurable outcomes fuel SGA's efforts to replace the cycle of poverty with our Cycle of Opportunity®. This innovative model fosters resiliency, instills hope, and helps individuals realize their potential—creating sustainable change, passed from one generation to the next.

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#### Dear Friends,

Thank you for your continuous support of one of Chicago's most established human services agencies, SGA Youth & Family Services. We are so grateful for your financial contributions that allow us to provide life-altering programs, resources, and supports to 21,000+ children and families each year.

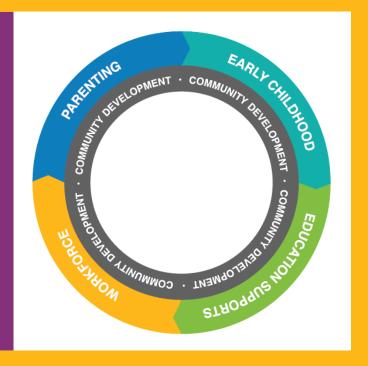
In order to update you on our latest news as quickly as possible, we have opted to combine annual reports for Fiscal Year 2021 and Fiscal Year 2022. We are thrilled to share our many accomplishments over the past couple of years. In this report, we are especially proud to showcase the four service areas in our Cycle of Opportunity® and the personal success story of one family in our early childhood programs. One of our favorite pieces of this report is the historic timeline. We hope you enjoy it as much as we do!



# **Cycle of Opportunity**

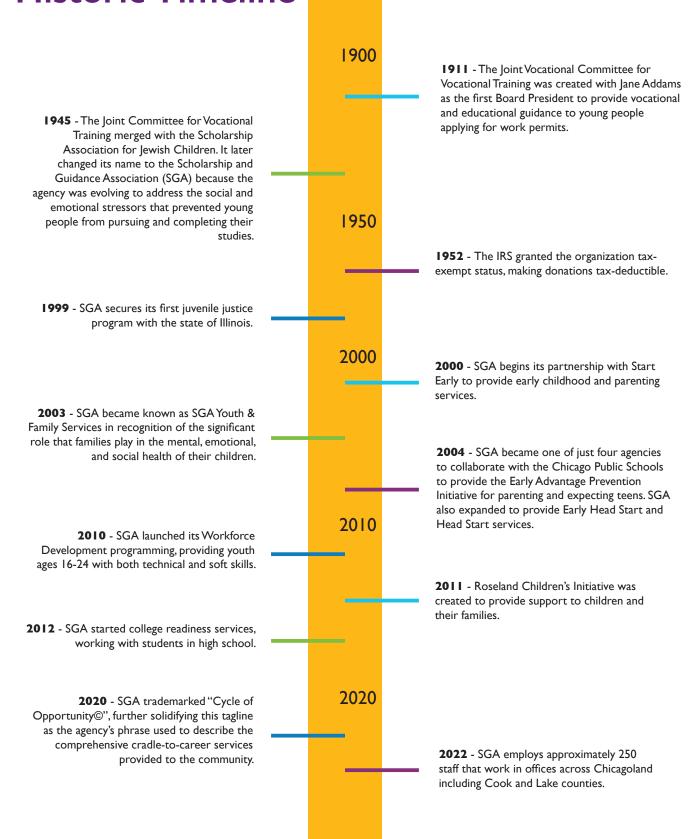
SGA Youth & Family Services has developed a proven and innovative method called the Cycle of Opportunity©. This system helps break the cycle of adversity and provides families with the opportunities they need to change their lives and their communities. Family by family, block by block, the Cycle of Opportunity creates sustainable community change, from generation to generation. The model builds strong foundations for families by providing a continuum of comprehensive services at every stage of life, from cradle to career. We focus on four main service areas:

- Parenting
- Early Childhood
- Education Support Services
- Workforce Development



All our programming falls under one of these categories. These services are key factors in preventing infant mortality, violence, school dropouts, and unemployment. We begin with prenatal care, supporting young parents, and ensuring their children are ready for kindergarten. We work with children at every grade level to help them succeed in and out of the classroom and transition to college or a career. This innovative model fosters resilience, instills hope, and helps individuals realize their potential. Using this model, SGA provides families and communities with resources and opportunities for healthy, bright, productive futures.

## **Historic Timeline**



## Lucia's Success Story



99

"When I came to the US, I didn't have any friends. SGA has truly helped me by having a network of people I can feel comfortable with. My parent educator feels like a special friend. This is the best thing my family could have in this country. SGA staff is constantly checking in on me and caring for us. They also help by providing community resources. I feel like they're a part of my family."

Lucia is a 33-year-old stay-at-home mom living in Berwyn with her husband, Daniel. They have two children: Victor, a six-year-old, and Allesandra, a three-year-old. They are a loving and close-knit family.

Before joining the SGA early childhood program, two years ago, Lucia and Daniel didn't know how to interact with their children. She and Daniel were not educated in child development and didn't understand what to expect from their children or how to engage them. Lucia would choose educational shows for her children and thought that would be enough.

With support from her Home Visitor and Parent Educator, Lucia learned about child development and the importance of reading to her children. She incorporated strategies to make daily activities, such as mealtime and bath time, into fun learning opportunities. One of Lucia's first goals when she came to the U.S. was to secure a job. Her Home Visitor helped connect her with a local day care center. Lucia accepted a position at a childcare center and was able to enroll her daughter at the same center. The information and healthy child development techniques she learned in her SGA program have helped her as she works toward her goal of becoming a teacher at the daycare center.

Lucia's second goal was to become a U.S. citizen, but she didn't know her rights regarding immigration. She was always afraid and thought anyone could come into her home and ask about her legal status. Her Home Visitor connected her with an immigrant advocacy organization. Having accurate information made Lucia feel more comfortable and stable. With SGA's assistance, she received her citizenship just a few short months ago.

# **Parenting**

The first step in our Cycle of Opportunity© is Parenting. Many Chicago communities we serve have high infant mortality rates and low birthweight rates. We help expectant mothers in these areas obtain prenatal care to have healthy pregnancies and healthy babies. We provide parents of young children with early childhood development guidance, parenting tips, and safety assessments. Our parents learn and apply the necessary skills to be more effective in their new roles and to improve parent-child relationships.

One of our parenting programs is the Midwest Healthy Start Initiative. This federally funded program works with Chicago's Westside communities to reduce infant mortality, improve infant health, and increase maternal and newborn care access. We hold weekly breastfeeding education, support groups, and "dancing for birth" classes. Some free services include prenatal care coordination, smoking cessation, health screening tools, and behavioral health. This program

educates the community about child development, effective parenting, HIV and STDs, domestic violence, sickle cell disease, and doulas. Midwest Healthy Start has multiple positive outcomes, including healthy pregnancies and births and improved parenting practices, and the long-term effects are also significant. Improved child health and development, child abuse/neglect prevention, school readiness, and parent involvement all contribute to strong communities with thriving families where children are healthy, safe, and ready to learn.

96% of mothers in our programs reported receiving a well-woman exam within the last year, and 99% of women reported having a documented reproductive life plan.

(FY2|)



3 out of 4 parents in our early education programs read to their child/children 3 or more times a week.

(FY22)



Our infant mortality prevention program, Midwest Healthy Start, provided mothers with 2,250+ lactation counseling sessions and 150 breast pumps.

(FY22)

# **Early Childhood**

Early Childhood is the second step in our Cycle of Opportunity. SGA offers several programs to help young children develop the social, emotional, physical, and cognitive skills critical to neurological development. Both genetics and the environment factor into a child's early growth, but access to high-quality early childhood education programs is vital to a child's success.

Based on preparedness measures in socialemotional learning, literacy, and math, only one in five Chicago children is ready to start kindergarten. SGA aims to increase this number by serving children and their families through a variety of programs with these goals:

- Support child development
- Provide early detection of developmental delays and health issues
- Prevent child abuse and neglect
- Increase children's school readiness

SGA, by way of funding through Start Early, proudly offers Early Head Start and Head Start programs. We use the 'Parents as Teachers' home-based curriculum, which focuses on motor coordination, language and literacy, and social-emotional and cognitive learning through an individualized approach. Services include parent workshops on childcare, health, and transitioning to kindergarten, weekly group socializations, and field trips. Our opportunity is to ensure that babies and young children are on the best track for school success at the earliest ages by empowering their parents as teachers and advocates.

Other SGA Early Childhood programs provide home visits, developmental screenings, and referrals.



Across all parenting and early childhood programs, 92% of infants and children reported having a source for medical care.

(FY22)



100% of families in our suburban early childhood program for children 0-3 were connected to at least one needed social service or resource.

(FY22)



# **Education Supports**

The third step in SGA's Cycle of Opportunity© is Education Support Services. SGA works in several Chicago Public Schools to help youth succeed. SGA staff provide support both in-school and out-of-school. Services include:

- · Crisis intervention
- · Individual, group, and family counseling
- Mentoring
- Gang diversion
- Drug and alcohol education
- Parent education
- Family engagement
- Classroom support
- Case management

SGA provides the Safe Passage program to designated Chicago Public Schools in targeted communities with high violence. This program trains and places adult guides from the community at critical points along neighborhood routes to increase safety as students travel to and from school for class and extra-curricular activities. The program extends the safe, secure, and supportive school environment into the surrounding

neighborhood, increasing school attendance and decreasing violent incidents.

Through our innovative Higher Sights program, SGA offers college readiness services for high-performing student leaders, including youth who may be involved in a gang or the justice system. Our mentor coaches work with high school students to develop personalized college action plans and learn how to find and utilize supportive resources. Mentors also provide workshops focused on professional skill development. SGA staff support these students throughout their college careers and help them stay on track.



100% of high school seniors receiving application assistance in our college retention and readiness program, Higher Sights, were accepted to college.

(FY21)



Multiple seniors were awarded competitive full-ride scholarships, including a Gates Scholarship and US Dream Scholarship.

(FY2|)

# **Workforce Development**

The fourth step in SGA's Cycle of Opportunity© is Workforce Development. Workforce Development services include summer employment opportunities for youth as young as 14 years old. We offer more intensive services throughout the school year to our "Opportunity Youth" - young adults ages 16-24 who are out of school and out of work, including those involved in the juvenile justice system. The program benefits clients by providing:

- · Community leadership
- · Life skills training
- Field trips
- Home visits
- · Linkage to mental health providers
- Job readiness skills
- Mentoring
- Court advocacy
- · Case management

Some of our programs work with the Chicago Police Department to help youth immediately after being arrested. Clients are paired up with mentors to provide case management and other supportive services that address individual needs and underlying issues to reduce the chances of recidivism. We also have staff members on site at schools to personally connect with at-risk youth and intervene before stress, anxiety or social pressures escalate into a serious or violent offense. By using the principles of balanced and restorative justice, these "diversion" programs provide youth and their families with wraparound services to help address underlying factors contributing to negative behaviors.

Another successful workforce development program is Youth Employment Now, which is hugely popular with our One Summer Chicago youth and has a long waiting list. It's so much more than a job placement program. Beyond job readiness and subsidized job placement, the services are highly individualized to align with the youths' interests, locations, schedules, and both academic and career goals. Youth Employment Now has given youth new opportunities and the chance to envision real and new possibilities for their futures.



90% of the participants in our One Summer Chicago Program reported skill and relationship growth, specifically confidence in their skills and abilities.

(FY21)



SGA provided an average of \$1,500 per family through our Housing Assistance Program for eligible families during the pandemic. (FY22)



## **Donors**

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Chicago Community Trust – The Pedott Family Fund

#### \$50,000-\$99,999

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#### \$100,000+

Chicago Community Trust - The **Pedott Family Fund NBA** Foundation

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## FY 2021 Financial Statement

Revenue	2021	2020
Public Support, Contributions & Bequests	\$1,203,942	\$674,529
Special Events	\$238,982	\$206,853
Program & Contract Service Fees	\$4,176,018	\$6,425,922
Grants from Government Agencies	\$9,141,285	\$5,879,242
Non-Operating Revenue	\$2,630,879	\$ 208,877
Total Revenues	\$17,391,106	\$13,395,423

Expenses	2021	2020
Direct Work with Children, Youth & Families	\$12,036,959	\$10,362,690
Building Professional Capabilities	\$2,648,006	\$2,488,149
Resource Development	\$229,536	\$279,852
Total Expenses	\$14,914,501	\$13,130,691

#### **Financial Position**

Assets	2021	2020
Investments	\$10,770,026	\$8,350,330
Cash & Cash Equivalents	\$2,754,418	\$3,368,506
Receivables & Pledges	\$3,190,705	\$2,275,122
Prepaid Expenses & Deposits	\$133,709	\$115,932
Furniture & Equipment	\$91,563	\$21,565
Total Assets	\$16,940,421	\$14,131,455

Liabilities & Net Assets	2021	2020
Restricted Net Assets	\$462,208	\$462,208
Unrestricted Net Assets	\$15,277,003	\$12,800,398
Liabilities	\$1,201,210	\$868,849
Total Liabilities & Net Assets	\$16,940,421	\$14,131,455

## FY 2022 Financial Statement

Revenue	2022	2021
Public Support, Contributions & Bequests	\$916,910	\$1,203,942
Special Events	\$247,811	\$238,982
Program & Contract Service Fees	\$3,999,575	\$4,176,018
Grants from Government Agencies	\$8,153,454	\$9,141,285
Non-Operating Revenue	\$(1,800,643)	\$2,630,879
Total Revenues	\$11,517,107	\$17,391,106

Expenses	2022	2020
Direct Work with Children, Youth & Families	\$10,490,484	\$12,036,959
Building Professional Capabilities	\$2,501,146	\$2,648,006
Resource Development	\$214,395	\$229,536
Total Expenses	\$13,206,025	\$14,914,501

#### Financial Position

Assets	2022	2021
Investments	\$8,956,026	\$10,770,026
Cash & Cash Equivalents	\$2,660,079	\$2,754,418
Receivables & Pledges	\$3,289,301	\$3,190,705
Prepaid Expenses & Deposits	\$95,671	\$133,709
Furniture & Equipment	\$87,325	\$91,563
Total Assets	\$15,088,402	\$16,940,421

Liabilities & Net Assets	2022	2021
Restricted Net Assets	\$462,208	\$462,208
Unrestricted Net Assets	\$13,588,085	\$15,277,003
Liabilities	\$1,038,109	\$1,201,210
Total Liabilities & Net Assets	\$15,088,402	\$16,940,421



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sga-youth.org/donate

